

Haemodynamic benefits of rapid deployment aortic valve replacement via a minimally invasive approach: 1-year results of a prospective multicentre randomized controlled trial

Michael A. Borger, Pascal M. Dohmen, Christoph Knosalla, Robert Hammerschmidt, Denis R. Merk, Markus Richter, Torsten Doenst, Lenard Conradi, Hendrik Treede, Vadim Moustafine, David M. Holzhey, Francis Duhay and Justus Strauch

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### Minimally invasive aortic valve replacement (MIAVR) with the EDWARDS INTUITY Valve System

#### **Overview**

Aortic valve replacement (AVR) through minimally invasive surgery (MIS) may provide benefits to patients over conventional full sternotomy (FS). A novel class of bioprosthetic rapid deployment valves for aortic valve replacement (RDAVR)\* have been developed to help overcome the technical complexity associated with performing MIAVR.

The CADENCE-MIS trial was a prospective, randomised, multicentre trial that compared the outcomes of MIS-RDAVR with FS for AVR using a conventional stented aortic bioprosthesis.

Between May 2012 and February 2013, 100 patients with aortic stenosis were enrolled, and surgeries were performed at 5 centres in Germany.

#### **Treatment Flow Chart**



Characteristic	MIS-RDAVR (n=46)	FS-AVR (n=48)	p-value
Age (years)	73.0 ± 5.3	74.2 ± 5.0	0.30
Female (%)	19 (41%)	27 (56%)	0.15
BMI (kg/m²)	29.4 ± 5.1	28.8 ± 5.1	0.48
STS Score (%)	$1.6\pm0.7$	$1.7\pm0.0$	0.21
NYHA Class ≥III (%)	31 (67%)	29 (60%)	0.48

NYHA, New York Heart Association; BMI, Body Mass Index; STS, Society of Thoracic Surgeons

\*Simplified implantation in the context of reduced suture steps.

#### Procedural outcomes: Cross-clamp and cardiopulmonary bypass time



Significant, **12 MINUTE** reduction in cross-clamp time with MIS-RDAVR vs. FS-AVR

Numerical reduction in cardiopulmonary bypass time of **5 MINUTES** with MIS-RDAVR vs. FS-AVR

## Haemodynamic outcomes at 1 year are comparable for MIS-RDAVR\* and FS-AVR patients

#### **Transvalvular gradients**



At 1 year, the EDWARDS INTUITY valve demonstrated a numerically lower peak transvalvular gradient for MIAVR compared to conventional bioprosthesis for FS ( $16.9 \pm 5.3$  vs.  $21.9 \pm 8.6$  mmHg; p=0.033).





\*Simplified implantation in the context of reduced suture steps.

# Clinical outcomes at 1 year are comparable for MIS-RDAVR\* and FS-AVR patients

#### Clinical outcomes at 30 days and 1 year

Clinical and functional outcomes were similar at 30 days and 1 year postoperatively for both groups.

			30 days			1 year	
		MIS-RDAVR	FS-AVR	p-value	MIS-RDAVR	FS-AVR	p-value
Mortality	$\mathfrak{s}$	4% (2/46)	2% (1/48)	0.53	6% (3/46)	6% (3/48)	0.96
Major bleeding event		17% (8/46)	8% (4/48)	0.19	17% (8/46)	10% (5/48)	0.33
CVA or permanent stroke	EF.	4% (2/46)	4% (2/48)	0.97	4% (2/46)	4% (2/48)	0.97
Deep sternal wound infection		2% (1/46)	2% (1/48)	0.98	2% (1/46)	2% (1/48)	0.98
Renal failure	(FFE)	7% (3/46)	0% (0/48)	0.072	7% (3/46)	2% (1/48)	0.29
New permanent pacemaker		4% (2/46)	2% (1/48)	0.53	4% (2/46)	2% (1/48)	0.53

CVA; Cerebrovascular Accident

#### Paravalvular leak

Discharge	One year
• No difference between MIS-RDAVR and FS-AVR (p=0.81)	• A significant increase in the proportion of people experiencing PVL (13/36) with MIS-RDAVR compared with FS-AVR (6/40; p=0.027)
	Only one patient has required explant for PVL in MIS-RDAVR
	• Other cases of PVL have remained clinically non-significant thus far

#### Conclusion

Haemodynamic outcomes such as EOA and transvalvular gradients in MIS-RDAVR\* patients, were significantly better when compared to conventional valve patients after 1 year.

MIS-RDAVR\* was also associated with statistically significant reduction in aortic cross-clamp times compared with FS-AVR. \*Simplified implantation in the context of reduced suture steps.

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